

February 2023 – Hayes Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday, January 30th Main: Hamburger on Bun Crinkle Cut Fries Baked Beans Assorted Veg & Fruit Alt: Fruit Smoothie	Tuesday, Tuesday 31st Main: Penne Pasta with Marinara and Meatballs Garlic Green Beans Assorted Veg & Fruit Alt: Fruit Smoothie	Wednesday, February 1st Main: Orange Chicken Brown Rice Broccoli Craisin Salad Assorted Veg & Fruit Alt: Fruit Smoothie	Thursday, February 2nd Main: Crispy Chicken Drumstick Dutch Waffle Mixed Veggie Salad Assorted Veg & Fruit Alt: Fruit Smoothie	Friday, February 3rd Main: Hangry Bear Pizza Roasted Carrots Assorted Veg & Fruit Alt: Fruit Smoothie
Monday, February 6th Main: Crispy Chicken Sandwich Roasted Parmesan Potatoes Coleslaw Assorted Veg & Fruit Alt: Italian Sub	Tuesday, February 7th Main: Turkey Chili Cornbread Loaf Assorted Veg & Fruit Alt: Italian Sub	Wednesday, February 8th Main: Chicken Alfredo with Penne Pasta Garlic Breadstick Roasted Broccoli Assorted Veg & Fruit Alt: Italian Sub	Thursday, February 9th Main: Burrito Bowl with Shredded Chicken Brown Rice Southwest Pinto Beans Assorted Veg & Fruit Alt: Italian Sub	Friday, February 10th Main: Snack'n Waffles Scrambled Eggs or Omelets Roasted Sweet Potatoes Alt: Italian Sub
Monday, February 13th Main: General Tso Chicken Brown Rice Roasted Chickpeas Assorted Veg & Fruit Alt: Bento Box	Tuesday, February 14th Main: Kick'n'Chicken Biscuit Mashed Potatoes Corn Assorted Veg & Fruit Frozen Fruit Cup Alt: Bento Box	Wednesday, February 15th Main: Empanadas Mexican Fixings Black Beans & Corn Salsa Assorted Veg & Fruit Alt: Bento Box	Thursday, February 16th Main: Jerk Chicken Thigh Jollaf Rice Seasoned Green Beans Assorted Veg & Fruit Alt: Bento Box	Friday, February 17th Main: Mozz Bites Marinara Sauce Roasted Broccoli Roasted Chickpeas Assorted Veg & Fruit Alt: Bento Box
Monday, February 20th No School	Tuesday, February 21st Main: Mini Corn Dogs Roasted Potato Wedges Baked Beans Assorted Veg & Fruit Alt: Fruit & Yogurt Parfait	Wednesday, February 22nd Main: Tomato Soup Grilled Cheese Assorted Veg & Fruit Alt: Fruit & Yogurt Parfait	Thursday, February 23rd Main: Gumbo Roasted Broccoli & Cauliflower Assorted Veg & Fruit Alt: Fruit & Yogurt Parfait	Friday, February 24th Main: Homemade Cheesy Bread Marinara Sauce Assorted Veg & Fruit Alt: Fruit
Monday, February 27th Main: Calzones Roasted Carrots Assorted Veg & Fruit Alt: Amazing Chickpea Bento	Tuesday, February 28th Main: Mac & Cheese Chicken Tenders Collard Greens Assorted Veg & Fruit Alt: Amazing Chickpea Bento	Wednesday, March 1st Main: Walking Beef Taco Mexican Beans Mexican Fixings Assorted Veg & Fruit Alt: Amazing Chickpea Bento	Thursday, March 2nd Main: Beef Sambusa Seasoned Rice Assorted Veg & Fruit Alt: Amazing Chickpea Bento	Friday, March 3rd Cook's Choice Assorted Veg & Fruit Alt: Amazing Chickpea Bento