

March 2023 – Fridley High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday February 27th Main: Calzones Roasted Carrots Assorted Veg & Fruit Growler: Cheeseburger with Fries Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday February 28th Main: Mac'n'Cheese Chicken Tenders Collard Greens Assorted Veg & Fruit Growler: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday March 1st Main: Walking Beef Taco Mexican Beans Mexican Fixings Assorted Veg & Fruit Growler: Empanada Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday March 2nd Main: Beef Sambusa Cheesy Breadstick Turmeric Rice Assorted Veg & Fruit Growler: Turkey Pepperoni or Cheese Pizza Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday February 3rd Main: Cook's Choice Steamed Corn Growler: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sub
Monday March 6th Main: Orange Chicken Rice Sweet Chili Chips Broccoli Craisin Salad Assorted Veg & Fruit Growler: Mozzarella Sticks with Marinara Sauce Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday March 7th Main: Cheeseburger on Bun Potato Wedges Baked Beans Assorted Veg & Fruit Growler: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday March 8th Main: Cheese Tortellini with Meat Sauce Garlic Bread Garlic Green Beans Assorted Veg & Fruit Growler: Buffalo Chicken Flatbreads Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday March 9th Main: Crispy Chicken Drumstick Dutch Waffle Mixed Veggie Salad Assorted Veg & Fruit Growler: Turkey Pepperoni or Cheese Pizza Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday March 10th Main: Hangry Bear Pizza Roasted Carrots Assorted Veg & Fruit Growler: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sub
Monday March 13th Main: Crispy Chicken Parmesan Potatoes Coleslaw Assorted Veg & Fruit Growler: Cheeseburger with Parmesan Potatoes Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday March 14th Main: Turkey Chili Fritos Assorted Veg & Fruit Growler: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday March 15th Main: Chicken Alfredo with Penne Breadstick Roasted Broccoli Assorted Veg & Fruit Growler: Chicken Dumplings with Fried Rice Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday March 16th Main: Chicken Burrito Bowl Rice Tortilla Chips Southwest Pinto Beans Assorted Veg & Fruit Growler: Turkey Pepperoni or Cheese Pizza Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday March 17th Main: Chicken Wings Pretzel with Queso Assorted Veg & Fruit Growler: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sub

