This catalog features:

- Early Childhood Family Education
- Fridley Preschool  
  "An International Baccalaureate World School"

www.fridleycommed.com
Welcome to Fridley Community Education! This catalog features information on our Early Childhood Family Education and Fridley Preschool programs.

We offer multiple classes and programs to meet the needs of you and your family! Our Early Childhood Family Education classes and programs are offered to parents with children from birth to five-years-old.

Our 3- and 4-year-old Fridley Preschool program is one of few Preschool programs in the nation to offer the International Baccalaureate (IB) Primary Years Programme (PYP) curriculum framework. Our high-quality program is designed to offer your child the best start to his or her educational journey. The IB PYP prepares students in their early years to become lifelong learners, focusing on the development of the whole child.

We welcome you to our Fridley community and we are excited to serve you and your family! Please do not hesitate to contact us with any questions you may have. Contact 763-502-5100 or visit our website at www.fridleycommed.com.
We offer multiple classes and programs to meet the needs of you and your family!

WELCOME TO ECFE!

The Early Childhood Family Education (ECFE) program offers fun, interactive and educational activities to parents and children ages birth to five years. The goal of the program is to strengthen families and help parents and children grow and develop within a circle of support. Parents and children participate in fun activities that encourage learning. Parents participate in discussions led by a parent educator while their children play, learn and socialize with other children.

* The word “parents” includes all individuals who function in a parenting role – mothers, fathers, partners, grandparents and other relatives, foster parents, etc.

Come for your child... Stay for yourself!

ABOUT FRIDLEY ECFE:

• ECFE welcomes all parents
• Our parent educators offer research-based information to our program participants and are always available to answer questions
• Our classes are fun and educational for both parents and children
• We offer parent discussions to connect parents to other parents in the community
• Parents can learn about community resources

CONTACTS

VALERIE ANDERSON
ECFE Coordinator
763-502-5143
Valerie.Anderson@Fridley.k12.mn.us

MORA SLIFKA
ECFE Teacher, Early Childhood Screener
763-502-5157
Mora.Slifka@Fridley.k12.mn.us

All ECFE classes are held at the Fridley Community Center, 6085 7th Street NE, Fridley, MN 55432

“I love being able to play with my child, and then go and learn and socialize with other parents. This is one of the best ECFEs!”

Fridley ECFE Parent
HELP ME GROW
While all young children grow and change at their own individual rate, some children experience delays in their development. Help Me Grow is a group of service providers who work together providing free early intervention referral services for children birth to three-years-old. Minnesota children who qualify could be eligible for services in their home, child care setting, or school. Further resources are provided by calling Anoka Area Help Me Grow Central 1-866-693-GROW (4769) or go to helpmegrowmn.org to schedule and gain more information regarding a free screening.

WE’RE LOOKING FOR THE “NEW KIDS IN TOWN!” HOME VISITS
Fridley’s Early Childhood program wants to support all families. If you have a new baby or have recently moved into the Fridley School District, we deliver a free baby bag for your new baby at the parent’s request and provide information for the entire family on Early Childhood Family Education (ECFE) programs. We will also add your children to our district census to be sure you get the appropriate mailings as your child grows and nears school age.

Call us today at 763-502-5143 to let us know about the new baby and children of your household.

Is your child in the Census?
Sign up to receive information on our schools and programs. The Fridley School District uses the census information as we inform the community of our programs and schools. To put your child on the census please call the district’s enrollment center at 763-502-5081.

EARLY CHILDHOOD SCREENING
Will your child be attending preschool this year? Is your child the age of 3 or are they getting ready to begin kindergarten? If you answer yes to any of these questions Early Childhood Screening is for your child.

Screening is a free and quick look at how your child is growing and developing. Ideally the screening process serves children between the ages of 3½ and 4, and is required before your child registers for Preschool and Kindergarten throughout the state of Minnesota. Screening identifies possible learning or health concerns so that children can get the help they need before starting school.

Appointments are necessary. To schedule a screening please call 763-502-5157 or register online at: https://fridley.ce.eleyo.com and search for Early Childhood Screening in the search area for available appointments.

<table>
<thead>
<tr>
<th>WINTER 2021 SCREENING DATES</th>
</tr>
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<tbody>
<tr>
<td><strong>Day</strong></td>
</tr>
<tr>
<td>January 4</td>
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<td>January 6</td>
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<td>January 26</td>
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<td>January 27</td>
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<td>March 16</td>
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<td>March 18</td>
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<td>March 19</td>
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<td>March 22</td>
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<tr>
<td>March 23</td>
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</table>

ECFE/PRESCHOOL ADVISORY COUNCIL
Are you in an ECFE class? Do you come to the Creative Play Center? Or are you interested in becoming a Community Member? We invite you to join our Advisory Council.

The Advisory Council advises Fridley Community Education and advocates for its programs and community engagement. The councils input and planning has been looked upon to guide community needs and create events that welcome and support all Fridley families. The council meets once a month. All parents and community members are welcome! Please call Val Anderson at 763-502-5143 for more information.
COVID-19 Precautions
As per the Governor’s executive order, effective July 25, 2020, masks **MUST BE WORN** by all persons (ages 5 and up) entering Fridley School District buildings, including the Fridley Community Center. Masks are encouraged for children ages 2-5. Masks must be worn at all times while indoors.

**All ECFE classes are available in an online only format, by request. In the event that COVID-19 Cases increase, Fridley ECFE classes will also continue in an online format.**

Parent and Infant (0–9 months) – **Online Only**
The first year of an infant’s life is full of magical and challenging moments. Come meet other parents, learn children’s songs, stories, and positive parenting strategies, and share experiences in a supportive online atmosphere. A licensed Parent Educator will lead discussions and a licensed children’s teacher will lead the songs. Parents access the class through an email zoom invitation on a phone, computer, laptop or iPad. Parents access the class through an email zoom invitation on a phone, computer, laptop or iPad. No Class Jan. 27.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter 2021</td>
<td>5001A</td>
<td>Wed</td>
<td>Jan. 13 - Feb. 10</td>
<td>11:15 am - 12:15 pm</td>
<td>Online with Zoom</td>
<td>$10 (4 sessions)</td>
</tr>
</tbody>
</table>

Toddlers and Two’s Next Steps! (12-36 months) – **Separating Class**
Toddlers and two year olds are full of energy during this busy age. Parents may find themselves searching for valuable resources to understand and address their child’s growing development. Share the joys and challenges of parenting a toddler in a supportive environment. Toddler and Two’s classes are offered in small pods of 4-6 children. Parent-child time will kick off each class, followed by an informal parent discussion led by a licensed parent educator. Children can explore the room under supervision of an Early Childhood teacher during separation. Circle time songs, finger plays, and stories will be provided online and an education packet will be available each week. No Class Jan. 26.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter 2021</td>
<td>5002A</td>
<td>Tues</td>
<td>Jan. 12 - March 9</td>
<td>Pod A: 9:15-10:15 am Pod B: 11:15-12:15 pm</td>
<td>FCC - Room 125/127</td>
<td>Sliding Fee, Chart A (8 sessions)</td>
</tr>
</tbody>
</table>

Monday Night Live! (0-5 years) – **Separating Class**
In this one hour mixed age class, parents and children are in separate rooms. Parents separate for a discussion focused on the joys and challenges of raising young children in a supportive atmosphere. Parent topics are led by a licensed parent educator. Children (birth to 5 years) will explore sensory, literacy, and social experiences in the children’s room with a licensed children’s teacher during class. Circle time songs, finger plays, and stories will be on-line and an educational packet will be available each week. No Class Jan. 18. and Feb. 15.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter 2021</td>
<td>5003A</td>
<td>Mon</td>
<td>Jan. 11 - March 15</td>
<td>6:00 - 7:00 pm</td>
<td>FCC - Child Room 127 Parent Room 125</td>
<td>Sliding Fee, Chart A (8 sessions)</td>
</tr>
</tbody>
</table>
Mixed Age Daytime Class (0-5 years) – Separating Class

In this mixed age class, children (birth to 5 years) gather in the children’s room to explore sensory, literacy, and social experiences with a licensed children’s teacher. The parents meet in the parent room for a discussion focused on the joys and challenges of raising young children. Circle time songs, finger plays, and stories will be on-line and a take home educational packet will be available each week. No Class Jan. 27.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
</table>

Book Discussion Class (0-5 years) – Separating Class

*The Intentional Family: Simple Rituals to Strengthen Family Ties* by William J. Doherty

In this one hour book discussion, parents and children are in separate rooms. Parents separate for a weekly discussion focused on the book *The Intentional Family: Simple Rituals to Strengthen Family Ties*. will explore sensory, literacy, and social experiences in the children’s room with a licensed children's teacher during class. An educational packet will also be available each week.

Book Description: Today's families are in crisis. Many diverse factors have combined to weaken its structure in American society. However, now more than ever before, we have the free dom to shape the kind of family we want, rather than an obligation to conform to inflexible concepts of what a family should be. Nationally respected family therapist William J. Doherty believes that we can strengthen the ties that bind us together—and create new, more permanent ones in the process through the use of family-specific everyday rituals. No Class Jan. 29.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter 2021</td>
<td>5006A</td>
<td>Fri</td>
<td>Jan. 15 - March 12</td>
<td>10:00 - 11:15 am</td>
<td>FCC - Child Room 127</td>
<td>Sliding Fee, Chart A (8 sessions)</td>
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</table>

ECFE para Español Hablando Familias (0-5 años) – Separar Clase

Clase de español ofrecida por el Programa de Educación Familiar para la Primera Infancia (ECFE) para familias con niños desde recién nacidos hasta los 5 años. En esta clase de un hora, los padres y los niños están en habitaciones separadas. Los padres se separan para una discusión centrada en las alegrias y los desafíos de criar a los niños pequeños en una atmósfera de apoyo. Los temas de los padres son dirigidos por un educador de padres con licencia. Los niños (0-5 años) exploraron experiencias sensoriales, de alfabetización y sociales en la habitación de los niños con un maestro de niños con licencia durante la clase. De proporcionaran en línea canciones, juegos con los dedos e historias en círculo y un paquete educativo estarán disponible cada semana. No Clase Enero 28.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Día</th>
<th>Fecha</th>
<th>Tiempo</th>
<th>Lugar</th>
<th>Cuesta</th>
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<tbody>
<tr>
<td>Otoño Trimestre 1</td>
<td>5005A</td>
<td>Jueves</td>
<td>Enero 7 - Marzo 18</td>
<td>10:00 - 11:00 am</td>
<td>FCC - Child Room 127</td>
<td>$10/familia</td>
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</tbody>
</table>

Creative Play Center

Are you looking for somewhere to go and something to do with your children? Fridley offers the Creative Play Center once a week for small pods for children birth-5 years and their care giver. Join us for enriching activities including daily crafts, painting, sensory play, blocks, puzzles, and imagination centers. No Class Jan. 18 and Feb. 15.

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Class Number</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
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<th>Cost</th>
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<tbody>
<tr>
<td>Winter 2021</td>
<td>5007A</td>
<td>Mon</td>
<td>Jan. 11 - March 15</td>
<td>11:15 am - 12:15 pm</td>
<td>FCC - Child Room 127</td>
<td>Sliding Fee, Chart B (8 sessions)</td>
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Class Registration

<table>
<thead>
<tr>
<th>Class Number</th>
<th>Class Title</th>
<th>Price</th>
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<tr>
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Parent(s) Attending _________________________________________________________________
Address ________________________________________________________________
City ________________________ ZIP __________ Work/Cell _____________________________
Email __________________________________________

Children Attending
Name ___________________________________________ Birthdate ___________ Grade ________
Name ___________________________________________ Birthdate ___________ Grade ________

Do you or your child have health or other special needs? ________________________________________
Do you need sibling care?  Yes  No
Are you a Fridley School District resident? ________
Payment Information:  Check enclosed (payable to ISD 14)
Charge My:  Visa  MasterCard  Discover
Card Number ________________________ Expiration Date _________ 3 Digit Security Code _______
Signature ___________________________________________________________________________

| Sliding Fee Scale ECFE Classes | Sliding Fee Scale 3-Year-Old Pre-K |
|---------------------------------|-----------------|-----------------|-----------------|-----------------|
| Sliding Fee Scale ECFE Classes | 2019/2020       | 2020/2021       |
| Family Income                  | Separating      | Non-Separating  | Family Income   | 3 days/wk       | 5 days/wk       | 4 days/wk       |
| $110,000 +                     | $100            | $114            | $171            | $110,000 +      | $165/mo         | $260/mo         | $200/mo         |
| $100-109,000                   | $93             | $106            | $159            | $100-109,000    | $165/mo         | $260/mo         | $200/mo         |
| $90-99,000                     | $86             | $98             | $147            | $90-99,000      | $165/mo         | $260/mo         | $200/mo         |
| $80-89,000                     | $79             | $90             | $135            | $80-89,000      | $165/mo         | $260/mo         | $200/mo         |
| $70-79,000                     | $72             | $82             | $123            | $70-79,000      | $165/mo         | $260/mo         | $200/mo         |
| $60-69,000                     | $70             | $80             | $120            | $60-69,000      | $165/mo         | $260/mo         | $200/mo         |
| $50-59,000                     | $64             | $73             | $110            | $50-59,000      | $145/mo         | $230/mo         | $175/mo         |
| $40-49,000                     | $50             | $57             | $85             | $40-49,000      | $145/mo         | $230/mo         | $175/mo         |
| $30-39,000                     | $32             | $36             | $54             | $30-39,000      | $120/mo         | $190/mo         | $145/mo         |
| $20-29,000                     | $19             | $21             | $32             | $20-29,000      | $85/mo          | $130/mo         | $95/mo          |
| $19,999 or less                | $10.00          | $10.00          | $10.00          | $19,999 or less | $30/mo          | $40/mo          | $35/mo          |

Chart A  Chart B  Chart C
The Fridley Preschool program is the best start to your child’s educational journey. Our program is one of the only preschool programs in the nation to offer the International Baccalaureate (IB) Primary Years Programme (PYP) curriculum framework to 3- and 4-year-old young learners. At Fridley Public Schools, we focus on developing the whole child through the IB Continuum, where Fridley students are able to receive magnet school programming through their entire PreK - Grade 12 experience. Our 3- and 4-year-old preschool programs are designed to provide your child with the necessary learning experiences to prepare for Kindergarten and beyond. Directly aligning with our district’s IB Continuum, your child will be a step ahead when it comes to “kindergarten readiness” and a holistic IB educational experience.

Why choose Fridley Preschool?

Our high quality Preschool Program is available to families at low cost for 3-year-olds, and NO COST for 4-year-olds.

- **International Baccalaureate (IB) Primary Years Programme (PYP)**
  Fridley Preschool is an authorized International Baccalaureate World School. We are one of the only preschool programs in the nation to offer the IB Primary Years Programme (PYP) curriculum framework to 3- and 4-year-old young learners.

- **Caring and nurturing teachers**
  Each classroom is led by a Minnesota Department of Education (MDE) licensed Early Childhood Educator. Your child will receive personalized attention as each class is capped at 20 students with a teacher and aide in each classroom.

- **Parent Aware Four-Star Rating**
  Fridley Public Schools is proud to offer a 4 Star Parent Aware rated Preschool Program to help prepare your child for school success.

- **High-quality and Aligned Curriculum**
  Our preschool curriculum has been written to encompass several areas of inquiry and is aligned with Minnesota’s Early Childhood Indicators of Progress (ECIPs). The ECIPs are Minnesota’s early learning standards that provide a framework for developmentally appropriate expectations from birth to kindergarten. They also align to the Minnesota Kindergarten Academic Standards.

Central Features of Fridley Preschool Curriculum

Fridley Preschool delivers a high-quality education to our students, focusing on Social and Emotional Learning, Mathematics, and Literacy. Your child will develop a love for learning while building a solid foundation for their educational journey.

The way teachers support learning in the early years of the IB PYP Programme are by:

- Planning uninterrupted time for play.
- Building strong relationships with students and their families.
- Creating and maintaining responsive spaces for play.
- Offering many opportunities for symbolic exploration and expression.

ENROLL NOW!

We are currently accepting new 4-year-old Preschool students to complete the 2020-21 school year!

Please note: All new Preschool enrollments will participate in Distance Learning-only sections. Students meet with their teachers each day during virtual group times and are provided with play- and inquiry-based daily activities. Limited seats available - call us today!

Please contact 763-502-5081 to enroll.

Did you know? Fridley Public Schools is a member of the Northwest Suburban Integration School District. Our 4-year-old preschool program is available via lottery application to all families who reside in NWSISD school districts: Anoka-Hennepin, Brooklyn Center, Buffalo-Hanover-Montrose, ISD728 (Elk River Area), Fridley, Osseo, Rockford. **Free bus transportation is provided.**

Families are required to complete and submit an NWSISD online application. The priority application time period starts mid-October and goes through December 31. NWSISD will conduct a lottery based on it’s policies and procedures if the number of applicants exceeds the number of available seats. For more information and to submit an application, go to [www.nws.k12.mn.us](http://www.nws.k12.mn.us).
FRIDLEY PRESchOoL
3- & 4-year-old class options

2021-22 SCHOOL YEAR: CLICK TO VISIT THE PRESCHOOL ONLINE ENROLLMENT PAGE

3-year-old preschool
Children must be 3 years old by September 1, 2021.

Options:
Morning
Days TBD
Mornings 8:15 - 11:00am
9 monthly payments of $200/mo or $1800 annually

Afternoon
Days TBD
Afternoons: 12:00 -2:45pm
9 monthly payments of $200/mo or $1800 annually

A Sliding Fee Scale, based on income, is also available. See page 7, chart C for details.

To register for 3-year-old preschool you must submit an application:
• Online at: https://fridley.ce.eleyo.com or
• By phone at 763-502-5105 with a Visa/MasterCard/Discover or
• At the Enrollment Center in the FCC with a Visa/MasterCard/Discover

Required documents to bring when registering:
• Child’s original birth certificate
• Up-to-date immunization records

4-year-old preschool
Children must be 4 years old by September 1, 2021.

Options:
Morning
Monday - Friday
Mornings 8:15 - 11:15am
No cost to families

Afternoon
Monday - Friday
Afternoons: 12:00 -3:00pm
No cost to families

Free transportation is provided for families within Fridley district boundaries and those who reside in the Northwest Suburban Integration School Districts, which include: Anoka-Hennepin, Brooklyn Center, Buffalo-Hanover-Montrose, ISD728 (Elk River Area), Fridley, Osseo, and Rockford.

To register for 4-year-old preschool:
• Visit the Enrollment Center in the FCC
• Online at www.fridleyschools.org and click on “Enroll” at the top of the page.

To complete registration, you must submit all required documents listed below:
• Proof of address (driver’s license, utility bill, rental/purchase agreement) OR Open Enrollment Form.
• Child’s original birth certificate.
• Up-to-date immunization records.
• Preschool screening documents if screened outside our district.

Copies will be made of each document and originals returned to you. Registration is not complete until we have received all of the above documents.

4-year-old preschool Full Day Option
• $250 per week
• Needs based scholarships available

For more information on childcare options please call Jordan Wright at 763-502-5107.

Dates & Location
The preschool calendar aligns with the school district classes and will be held from September 8, 2021 to June 9, 2022. Classes are held at the Fridley Community Center, 6085 Seventh Street NE, Fridley, 55432.

Contact Information
Do you have questions about our preschool program? Please contact:
• Katie Brown
Secretary
763-502-5105

Do you have questions about registration? Please contact:
• Lori O’Dowd
Enrollment Coordinator
763-502-5081

Additional contacts:
• Dr. Jason Bodey
Principal of Alternative Services
763-502-5101

• Karin Beckstrand
Preschool IB PYP Coordinator
763-502-5117
Welcome to Fridley ECFE!

Our Early Childhood Family Education (ECFE) program offers fun, interactive and educational activities to parents and children ages birth to five years.

OUR GOAL

Our goal is to strengthen families and help parents and children grow and develop within a circle of support.

OUR CLASSES

In our classes, parents and children participate in fun activities that encourage learning. Parents participate in discussions led by a parent educator while their children play, learn and socialize with other children.

Come see what we have to offer! MORE INFORMATION INSIDE